



**taziki's**  
MEDITERRANEAN CAFE

# TUSCALOOSA

## DINE-IN & TO-GO MENU

### DAILY FEATURES

Tuesday and Wednesday features are served with chips (160 cal) and choice of side

#### MONDAY

Chicken Portobello Sandwich  
**11.49** (820/1,040 cal)

#### TUESDAY

Roasted Pork Loin Sandwich  
**10.49** (1,030/1,250 cal)

#### WEDNESDAY

Spanakopita Roll-Up  
**10.49** (600/820 cal)

#### THURSDAY

Taziki's Shrimp Taco\*\*  
**10.99** (650/870 cal)

### FRIDAY - SUNDAY SPECIAL

**Taziki's Signature Pasta 11.49** (1,300 cal)

A bed of mixed lettuces with penne pasta and grilled chicken, tossed in Balsamic Vinaigrette, topped with tomatoes, feta, and fresh basil. Served with a baked pita



## HOMEMADE DIPS

Served with baked or soft pita

#### TAZIKI DIP

with Pita **6.59** (660/740 cal)  
with Veggies **8.58** (220 cal)

#### SPICY PIMENTO CHEESE

with Pita **6.99** (840/920 cal)  
with Veggies **8.98** (400 cal)

#### HUMMUS

with Pita **6.59** (850/930 cal)  
with Veggies **8.58** (410 cal)

#### SPICY HARISSA HUMMUS

with Pita **6.99** (850/930 cal)  
with Veggies **8.98** (410 cal)

#### WHIPPED FETA with honey drizzle

with Pita **6.99** (1,050/1,130 cal)  
with Veggies **8.98** (610 cal)

# SALAD BOWLS

- Add Grilled Chicken (250 cal) +3.00, Chicken Kebobs (2) (280 cal) +4.00,
- Spicy Harissa Chicken (300 cal) +4.00, Grilled Salmon\*\* (340 cal) +7.50,
- Grilled Shrimp (290 cal) +5.00, Grilled Beef\*\* (330 cal) +5.50,
- Grilled Lamb\*\* (380 cal) +7.50, Herb-Roasted Pork (560 cal) +5.50

## Greek Salad

**8.99** (460 cal)

Fresh mixed lettuces, tomatoes, cucumbers, roasted red peppers, red onions, feta, pepperoncini, kalamata olives, and Greek dressing. Served with a baked pita chip

## Mediterranean Salad\*

**8.99** (730 cal)

Fresh mixed lettuces, garbanzo beans, roasted red peppers, red onions, tomatoes, candied pecans, feta, and balsamic vinaigrette. Served with a baked pita chip

## Caesar Salad

**8.99** (420 cal)

Fresh mixed lettuces, grated parmesan cheese, croutons, and Caesar dressing

## Chicken Salad & Co.

**12.49** (510/1,070 cal)

Scratch-made chicken salad paired with your choice of any two: Spicy Pimento Cheese, Pasta Salad, Tomato-Cucumber Salad, or Fresh-Cut Fruit.  
Served with 3 baked pita chips

## Greek Lemon Chicken Soup

**5.49** (290 cal)

Served with soft pita

## KID'ZIKIS (12 & UNDER)

Served with a kids drink (0-180 cal), fresh-cut fruit (50 cal) or chips (150 cal) (except Child's Feast)

### Sneaky Taziki

**5.49** (320 cal)

Chicken and cheddar cheese in a griddled tortilla

### Grilled Cheese Pita

**5.49** (450 cal)

Cheddar cheese in a griddled pita

### Child's Feast

**6.99** (360 cal)

Grilled chicken, basmati rice, and fresh-cut fruit

### Turkey Melt

**6.49** (480 cal)

Seasoned grilled turkey and cheddar in a griddled pita

# BUILD YOUR OWN FEAST

- Served with one side, choice of salad, and a pita chip.



## 1

### PICK A PROTEIN

**Grilled Chicken** **G**  
with Taziki sauce

**11.99** (420 cal)

**GP** **Chicken Kebobs** **G**  
with Taziki sauce

**12.99** (450 cal)

**Spicy Harissa Chicken**  
with Taziki sauce

**12.99** (460 cal)

**Grilled Beef\*\*** **G**  
with Horseradish sauce

**14.99** (660 cal)

**Chargrilled Lamb\*\*** **G**  
with Taziki sauce

**16.49** (610 cal)

**Herb-Roasted Pork Loin** **G**  
with Tomato Chutney Aioli and grilled asparagus

**13.99** (1,030 cal)

**Grilled Salmon\*\*** **G**

**16.49** (640 cal)

**Grilled Shrimp\*\*** **G**

**13.99** (400 cal)

**Grilled Veggies** **G** **V** **V**  
with Taziki sauce

**10.99** (380 cal)

## 2

### ADD A SALAD

**Greek Salad** **G** **V** **V** (110 cal)

**Mediterranean Salad\*** **G** **V** **V** (200 cal)

**Caesar Salad** **G** **V** **V** (80 cal)  
(no pita chip included)

## 3

### CHOOSE A SIDE

**Basmati Rice** **G** **V** (210 cal)

**Roasted Red Potatoes** **G** **V** **V** (190 cal)

# PITAS, GYROS & MORE

- Served with chips (160 cal) and choice of Basmati Rice (210 cal),
- Tomato-Cucumber Salad (60 cal), Roasted Red Potatoes (190 cal),
- Fresh-Cut Fruit (50 cal), or Pasta Salad (270 cal)




## GYROS

- |  |                        |
|--|------------------------|
|  <b>Grilled Chicken</b>  | <b>10.99</b> (520 cal) |
| Taziki sauce, tomatoes, mixed lettuce, and grilled onions  |                        |
| <b>Chicken Basil-Pesto*</b>  | <b>10.99</b> (630 cal) |
| Basil-pesto, tomatoes, and feta  |                        |
| <b>Spicy Harissa Chicken</b>   | <b>11.49</b> (560 cal) |
| Taziki sauce, tomatoes, mixed lettuce, and grilled onions  |                        |
| <b>Turkey Club*</b>  | <b>11.99</b> (880 cal) |
| Pesto Aioli, tomatoes, mixed lettuce, hickory bacon, and melted Swiss cheese                               |                        |
|  <b>Grilled Beef**</b>  | <b>11.99</b> (590 cal) |
| Taziki sauce, tomatoes, mixed lettuce, and grilled onions  |                        |
| <b>Grilled Lamb**</b>  | <b>12.49</b> (560 cal) |
| Taziki sauce, tomatoes, mixed lettuce, and grilled onions  |                        |
| <b>Grilled Veggie*</b>  | <b>9.99</b> (650 cal)  |
| Pesto Aioli, tomatoes, grilled zucchini, squash, onions, roasted red peppers, and feta                     |                        |





## SANDWICHES & MORE

- Grilled Beef Sandwich\*\*** **11.49** (800 cal)  
Grilled onions, melted Swiss, and Horseradish sauce on a kaiser bun
- Chicken Salad Sandwich** **10.99** (630 cal)  
Scratch-made chicken salad with mixed lettuce and tomato on toasted wheat bread
- Turkey & Egg\*\*** **9.99** (870 cal)  
Mayo, melted Swiss, and mixed lettuce on toasted wheat bread
- Spicy Pimento Cheese Sandwich** **9.99** (910 cal)   
Spicy pimento cheese and mixed lettuce on toasted buttermilk bread
- Tomato-Basil Sandwich\*** **8.99** (500 cal)  
Basil-pest sauce, feta, tomatoes, and fresh basil on toasted wheat bread
- Chutney Chicken Sandwich** **10.99** (670 cal)  
Grilled chicken, Tomato Chutney Aioli, lettuce, and tomatoes on a kaiser bun
- Grilled Chicken Roll-Up** **10.49** (720 cal)  
Grilled chicken, tomatoes, and feta in a griddled tortilla, served with fresh salsa
- Mediterranean Lamb Burger\*\*** **11.49** (810 cal)  
Two griddle-cooked seasoned American lamb patties on a toasted kaiser bun with feta, sliced tomato, grilled onions and red peppers, and Taziki sauce



## SWEETS

\*Authentic Greek desserts proudly provided by

**HELLAS**  
AUTHENTIC GREEK  
BAKERY

**Baklava\*** 

**3.49** (350 cal)

**Chocolate Chip Cookies** 

**2.49** (160-320 cal)

## DRINKS

Proudly serving Coca-Cola products

**Fountain Drinks & Tea**

**2.99** (0/300 cal)

**Bottled Water**

**2.49** (0 cal)

Indicates items that can be prepared gluten-free, vegetarian, or vegan, upon request.

 Gluten-Free  Vegetarian  Vegan  Taziki's Favorites

# FAMILY FEASTS ALSO AVAILABLE

# VISIT TAZIKIS.COM

\*\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

\*ALLERGEN WARNING: OUR MEDITERRANEAN SALAD, PESTO & BAKLAVA CONTAIN NUTS.

A 2000 CALORIE DAILY DIET IS USED AS THE BASIS FOR GENERAL NUTRITION ADVICE BUT CALORIES MAY VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST AND AT TAZIKIS.COM/NUTRITION.